

REFLECTION : THE GOLD

The Gold has always been yours. These questions are less about finding something new and more about noticing what is already here, what Life has given you, and what you are finally ready to claim.

- What does Gold feel like when you allow it to be felt in your body?
- How have you kept your Gold hidden?
- How has value defined you?
- Can you find some lead from lived experience that is ready to be alchemized?
- What does claiming your Gold actually look like for you?
- If you stopped leaving your treasure in the vault, what would you allow to adorn your life?

